



## Joyful Living in the Midst of Adversity (Philippians 1:1-26)

“Joy is the settled assurance that God is in control of all the details of my life, the quiet confidence that ultimately everything is going to be alright and the determined choice to praise God in every situation.” – Rick Warren

“The presence of adversity does not equate to the absence of God” – Andy Stanley

*Rather, as servants of God we commend ourselves in every way: in great endurance; in troubles, hardships and distresses; in beatings, imprisonments and riots; in hard work, sleepless nights and hunger ... through glory and dishonor, bad report and good report; genuine, yet regarded as impostors; known, yet regarded as unknown; dying, and yet we live on; beaten, and yet not killed; sorrowful, yet always rejoicing; poor, yet making many rich; having nothing, and yet possessing everything. 2 Corinthians 6:4-10 (NIV)*

“Resiliency is the ability to withstand, or recover quickly from difficult circumstances”.

*For our light and momentary troubles are achieving for us an eternal glory that far outweighs them all. 2 Corinthians 4:17 (NIV)*

### 1. Be Thankful.

Philippians 1:3

“Gratitude changes the pangs of memory into a tranquil joy” – Dietrich Bonhoeffer

### 2. Be hopeful and confident in God.

Philippians 1:6

### 3. Be in Community.

Philippians 1:5, 7-8

Acts 16

*You intended to harm me, but God intended it for good to accomplish what is now being done, the saving of many lives. Genesis 50:20 (NIV)*

### 4. Pray for others.

Philippians 1:9-11

- a. Love would abound
- b. Faith would mature
- c. Life would be fruitful

### 5. Have an eternal perspective.

Philippians 1:12-14

“Your own performance is either improved or diminished by the other people in your scenario” – Dr. Henry Cloud

“God gets his best soldiers out of the highlands of affliction” – Charles Spurgeon

**6. Live a life of Purpose.**

Philippians 1:18-19, 21, 23

“Courage is fear that has said its prayers” – Ann Lamott