



## Reality of our Sexuality May 5/6, 2018 Neil Truong

We live in a sexually saturated culture. Sex is spoken about almost everywhere: from books, to the magazines in the grocery checkout line, to articles, to songs, and to the big screen movies. It amazes me that although it is everywhere, people still find it difficult to talk about, especially in the church. So let's talk about sex, after all it was God's idea.

Song of Songs 7:8 says, "I will climb the palm tree; I will take hold of its fruit."

What are some of God's cues concerning our sexuality? What would a loving parent want us to know about sex?

### 1. Sex was and is God's idea!

*That is why a man leaves his father and mother and is united to his wife, and they become one flesh.* Genesis 2:24 (NIV)

### 2. Sex is to be contained only in marriage.

*Husbands, love your wives, just as Christ loved the church and gave himself up for her to make her holy, cleansing her by the washing with water through the word, and to present her to himself as a radiant church, without stain or wrinkle or any other blemish, but holy and blameless. In this same way, husbands ought to love their wives as their own bodies. He who loves his wife loves himself.* Ephesians 5:25-28 (NIV)

### 3. Sex and attraction are highly:

#### i. Physical... looks matter.

- **From Her**  
Song of Songs 5:10-15 (NIV)
- **From Him**  
Song of Songs 4:1-3, 5 (NIV)

#### ii. Emotional... beyond looks.

*Dark am I, yet lovely, daughters of Jerusalem, dark like the tents of Kedar, like the tent curtains of Solomon. Do not stare at me because I am dark, because I am darkened by the sun. My mother's sons were angry with me and made me take care of the vineyards; my own vineyard I had to neglect. Tell me, you whom I love, where you graze your flock and where you rest your sheep at midday. Why should I be like a veiled woman beside the flocks of your friends?* Song of Songs 1:5-7 (NIV)

*Place me like a seal over your heart, like a seal on your arm; for love is as strong as death, its jealousy unyielding as the grave. It burns like blazing fire, like a mighty flame. Many waters cannot quench love; rivers cannot sweep it away. If one were to give all the wealth of one's house for love, it would be utterly scorned.* Song of Songs 8:6-7 (NIV)

#### iii. Spiritual... becoming one.

*This is a profound mystery—but I am talking about Christ and the church.* Ephesians 5:32 (NIV)

### Challenge/Application

Your sexuality does not define you!

- God honouring good sexuality starts long before the intercourse.
- Community-Get in group!
- Get help!
- Where are you going to get your sexual cues from?

If we do not teach on sexuality someone or something else will in God's place and ours.