

## The Fear of Not Having Enough Leader Guide

### Sermon Discussion Question

1. What stood out for you in the weekend sermon?
2. If you had been a contestant on the 90s show Fear Factor, what challenge would have made you quit? (sky diving, eating slugs)

### Read Matthew 6:25-34

3. What does this passage say about God?  
*(He cares for the smallest of creatures. God the Father is our provider. He knows all of what we need.)*
4. What does this passage say about us?  
*(We worry about all kinds of things in the same way the world does, but when we seek God first, He takes care of our needs.)*
5. Pastor Daniel highlighted 6 fears: Fear of not having enough, fear of not being able to provide, fear of failure, fear of the unknown, fear of not being in control and fear of sickness. Which of these six fears drives your decisions these days? What impact does that have on your daily life? (For example, Pastor Daniel shared his own experience about falling into the “Prime Day” trap of believing he didn’t have enough.)
6. If the opposite of the 6 fears listed above is security in God, how would your life be different if you truly found your security in Father God?
7. Which of the following is the most difficult for you and why? Rejecting the pursuit of a false sense of security; Learning to live with just enough; Deciding to live with open hands? What does it look like for you to lean into what is most difficult for you and practice that this week?

*Keep falsehood and lies far from me; give me neither poverty nor riches, but give me only my daily bread. Psalm 30:8*

