

## Prayer against Fears

Adapted from Neil T. Anderson

In order to begin to experience freedom from the bondage of fear and the ability to walk by faith in God, pray the following prayer from your heart:

*Dear Heavenly Father, I confess to you that I have listened to the devil's roar and have allowed fear to master me. I have not always walked by faith in You but instead have focused on my feelings and circumstances (see 2 Corinthians 4:16-18; 5:7). Thank You for forgiving me for my unbelief! Right now I renounce the spirit of fear and affirm the truth that you have not given me a spirit of fear but of power, love and a sound mind (see 2 Timothy 1:7). Lord, please reveal to my mind now all the fears that have been controlling me so I can renounce them and be free to walk by faith in You. I thank You for the freedom You give me to walk by faith and not by fear. In Jesus' powerful name, I pray. Amen.*

Check the (fears) that apply to your life. Write down any others that the Spirit of God brings to your mind. Then, one by one renounce those fears aloud, using the suggested renunciation below.

Fear of death	Fear of being victimized by crime
Fear of Satan	Fear of marriage
Fear of failure	Fear of divorce
Fear of rejection by people	Fear of pain/illness
Fear of disapproval	Fear of the future
Fear of becoming/being homosexual	Fear of confrontation
Fear of financial problems	Fear of going crazy
Fear of never getting married	Fear of the death of a loved one
Fear of being a hopeless case	Fear of not being loved by God
Fear of losing my salvation	Fear of never loving or being loved
Fear of committing unpardonable sin	Fear of specific individuals. List them:
Fear of embarrassment	Other fears that come to mind now:

*I renounce the (name of fear) because God has not given me a spirit of fear (see 2 Timothy 1:7). I choose to live by faith in the God who has promised to protect me and meet all my needs as I walk by faith in Him (see Psalm 27:1; Matthew 6:33, 34).*

After you have finished renouncing all the specific fears you have allowed to control you, pray the following prayer from your heart:

*Dear Heavenly Father, I thank you that you are trustworthy. I choose to believe You, even when my feelings and circumstances tell me to be fearful. You have told me not to fear, for You are with me; to not anxiously look about me, for You are my God. You will strengthen me, help me and surely uphold me with Your righteous right hand (see Isaiah 41:10). I pray with faith in the name of Jesus my Master. Amen.*